



Animal Rescue

Sunday, Oct 2nd
12 - 1:30 pm

Teens Help Teens Hosts:
Ryen Newman & Madison Marano



Spin & Strength to Support United for Animals Rescue

Participation Fee: \$20/person

To register and earn community service hours, Venmo to [@vaultfitness](#)

For more details, email: teenshelpteens@vault.fit

UFAR Animals Rescue is a no-kill shelter and adoption facility that works to provide health care relief, food and bed for abandoned and neglected cats and dogs. Learn more at www.ufarescue.org

VAULT FITNESS

www.vault.fit | 9930 Clint Moore Rd, D101, Boca Raton, FL 33496 | 561-483-4160

About Teens help Teens:

Teens Help Teens at Vault is founded by the Ellis sisters. The mission of Teens Helping Teens is to unite local teens to participate in community service activities designed to help other teens. Each month, Teens Help Teens will invite in an expert to Vault Fitness to speak to the group on their area of expertise. The teens will work together as a team to raise funds or goods for the monthly cause.