



# LEARN TO TEACH PILATES at VAULT FITNESS



## Beginner Mat Pilates

- Oct 2-3, 2021 9:30 - 5:30 pm

**Beginner Mat** will lay the foundation for a career in Pilates. By the end of the weekend, you will have the knowledge and skills to teach a Beginner Mat Pilates class. This is the pre-requisite to the Comprehensive.

## Comprehensive Mat & Apparatus Program

- Nov 6-7, 2021 Sat & Sun
- Dec 4-5, 2021 9:30 - 6:30 pm
- Jan 8-9, 2022
- Feb 5-6, 2022
- Mar 5-6, 2022

**The Comprehensive Mat & Apparatus Program** educates you to teach private and group sessions on the Classical Pilates apparatus: the Reformer, Cadillac, High Chair, Wunda Chair, Ladder Barrel, Spine Corrector, Magic Circle, Pedipul, and more. You will have the knowledge to train individuals of any age, gender, fitness level, or physical condition. The training fee includes manual, training weekends, test-outs, meetings, observation/practice hours, and online study videos.

EARLY BIRD  
DISCOUNT  
**\$500 OFF**

Register prior to  
Sept 1st, 2021

## Pricing

\$500 Beginner Mat  
\$4,500 Comprehensive Apparatus Program  
\$5,000 Total Program Fee  
**\*Register by Sept 1 for a \$500 discount!**



**Student discount & payment plan available!**

## For Information and/or Sign-up

Contact [info@classicalpilateseducation.com](mailto:info@classicalpilateseducation.com)



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