



# MAY CLASS SCHEDULE

Begins May 1, 2019 [www.vault.fit](http://www.vault.fit) [info@vault.fit](mailto:info@vault.fit) 561-483-4160

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am Vibe Ride Laura	6am Tread & Shred Danielle	6am Ripped Ride Stefanie	6am Tread & Shred Sara	6am Vibe Ride Stefanie	730am Tread & Shred Danielle
7am Pilates App Laura		7am Pilates App Jen		7am Pilates Apparatus Jen	830am Fight Fit Boxing Romero
830am Barre Stick Laura	730am Vinyasa Yoga Robert	830am Vault Barre Laura	730am Vinyasa Yoga Jessica	830am Triple Threat Stacey	830am Pilates Apparatus Danielle
830am Ride & Shred Jen	830am Pilates Mat Danielle	830am Tread & Shred Danielle	830am Pilates Mat Danielle	830am Pilates Apparatus Erin	830am Vinyasa Yoga Alexis
830am Reformer Erin	830am Tramp Camp Stacey	830am Small Group Training Jen	830am Tramp Camp Stacey	830am Vinyasa Yoga Alexis	930am Vibe Ride Valerie
830am Vinyasa Yoga Rachel Bash	930am Triple Threat Stacey	830am Reformer Jen	930am Pilates Apparatus Heather	<b>830am NEW Vibe Ride Darci</b>	930am Vault Barre Stefanie
<b>930am NEW Tread &amp; Shred Jen</b>	930am Pilates Apparatus Katie	930am Ripped Ride Jen	930am Ripped Ride Jen	930am Bootcamp Jen	930am Pilates Apparatus Danielle
930am Fight Fit Box Romero	<b>930am NEW Ride/Run/ Shred Jen</b>	930am Fight Fit Box Romero	930am Vinyasa Yoga Amanda	930am Hot Tone Sculpt Stacey	930am TRX Yoga Alexis
930am Pilates Mat Laura	935am Barre Danielle	930am Pilates Apparatus Laura	935am Vault Barre Danielle	930am Pilates Tower Jen	1030am Vinyasa Yoga Marisa
930am Pilates Apparatus Erin	1035am TRX Fusion Danielle	930am Vinyasa Yoga Alexis	1030am Yin Yoga Amanda	1035am Vinyasa Yoga Jessica	1030am Adv Pilates Apparatus Danielle
1030am TRX Yoga Alexis	1035am Vinyasa Yoga Alexis	1030am Yin Yoga Robert	1035am TRX Fusion Danielle	1035am Vault Barre Kelly	
1030am Barre Stick Laura	1130am Adv Pilates Apparatus Jen		1130am Adv Pilates Apparatus Tanya	1230pm Adv Pilates Apparatus Jen	
1130am Adv Pilates Apparatus Tanya	1230pm Yin Yoga Robert	1230pm Adv Pilates Apparatus Heather	1230pm Vinyasa Yoga Jessica		<b>Sunday</b>
1230pm Adv Pilates Apparatus Stefanie					9am Pilates Mat Heather
					<b>9am NEW Fight Fit Boxing Romero</b>
4pm Fit Kids Wendi					9am Ride/Run/Shred Stefanie
5pm Teen Hip Hop Mizfit	<b>430pm NEW Vibe Ride Jen</b>	4pm Fit Kids Hip Hop Mizfit	5pm Teen Hip Hop Mizfit	430pm Fit Kids Boxing Romero	10am Vault Barre Heather
530pm Pilates & TRX Fabiana	530pm Pilates Apparatus Lexi	530pm Pilates & TRX Fabiana	530pm Pilates Apparatus Lexi		10am Pilates Apparatus Vault Team
530pm Reformer Katie	530pm Barre Stef	<b>530pm NEW Vinyasa Yoga Robert</b>	530pm Vault Barre Cat		10am Vinyasa Yoga Jessica
<b>630pm NEW Vinyasa Yoga Laura</b>	<b>630pm NEW Vinyasa Yoga Tracie</b>	630pm Pilates Apparatus Katie	630pm Vinyasa Yoga Valerie		11am Adv Pilates App Heather