

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
6am Vibe Ride Hilary	6am Tread & Shred Stef	6am Ripped Ride Stefanie	6am Tread & Shred Hilary	6am Vibe Ride Sara	730am Tread & Shred Danielle
7am Pilates Apparatus Laura	7am Pilates Apparatus Danielle	7am Pilates Apparatus Jen	7am Pilates Apparatus Danielle	7am Pilates Apparatus Jen	830am Vibe Ride Leslie
830am Pilates Reformer Erin	830am Tread & Shred Danielle	830am Barre Laura	830am Tramp Camp Stacey	830am Ultimate Cardio Leslie	830am Pilates Apparatus Danielle
830am Vibe Ride Leslie	830am Tramp Camp Stacey	830am Tread & Shred Danielle	830am Pilates Mat Danielle	830am Pilates Tower Ali	830am Vinyasa Yoga Alexis
830am Barre Stick Laura	935am Barre Natalie	830am Small Group Training Jen	930am Pilates Apparatus Heather	830am Vibe Ride Jen	<b>830am NEW Boxing Romero</b>
930am Ripped Ride Jen	930am Pilates Apparatus Katie	930am Total Body HIIT Laura	930am Ripped Ride Jen	830am Triple Threat Stacey	930am Barre Stefanie
935am Triple Threat Leslie/ Jen	930am Vibe Ride Leslie	930am Ripped Ride Jen	935am Barre Danielle	930am Hot Sculpt & Tone Stacey	930am TRX Yoga Alexis
930am Pilates Mat Laura	1035am TRX Fusion Danielle	930am Pilates App Jen	930am Vinyasa Yoga Amanda	935am Barre Heather	930am Pilates Apparatus Heather
1035am Reformer Jump Laura	1035am Vinyasa Alexis	930am Vinyasa Yoga Alexis	1035am TRX Strength Danielle	930am Pilates Tower Jen	1030am Vinyasa Yoga Marisa
1035am TRX Yoga Alexis	1135am Adv. Pilates Jen	1030am Yin Yoga Robert	1030am Yin Yoga Amanda	930am Tread & Shred Danielle	<b>1030am NEW Adv Reformer Danielle</b>
<b>1035am NEW Boxing Romero</b>	1230pm Yin Yoga Hanna	1230pm Adv. Pilates Jen	1135am Adv. Pilates Erin	1035am Vinyasa Yoga Jessica	<b>SUNDAYS</b>
1135am Adv. Pilates Stefanie					<b>9am NEW RIDE/ RUN</b> Stef
1230pm Adv. Pilates Stefanie				1230pm Adv. Pilates Stef	9am Pilates Mat Heather
	530pm Barre Heather	<b>530pm NEW TRX Fusion Fabiana</b>	530pm Barre Danielle		9am Tramp Camp Stacey
<b>430pm NEW Vinyasa Yoga Kim</b>	630pm Tread & Shred Heather	530pm Tower Katie	630pm Tread & Shred Danielle	<b>5pm NEW Vinyasa Yoga Shari</b>	10am Barre Fabiana
530pm TRX Fusion Stefanie	630pm Vinyasa Yoga Mike	6pm Vinyasa Yoga Mike	630pm Vinyasa Yoga Valerie		<b>10am NEW Vinyasa Yoga Elissa</b>
530pm Reformer Katie		<b>630pm NEW Reformer Katie</b>			10am Pilates Apparatus Heather
					<b>11am NEW YIN Yoga Elissa</b>